

**Blood Rule:**

NYSPHSAA interpretation of excessive blood: Excessive blood on a uniform will mean that the part of the uniform involved is saturated with blood. Saturated does not mean a wet spot. Saturated means a major portion of the garment is covered and soaked through with blood. For this to occur, a serious injury would have had to take place. This rarely happens during an entire season of competition. For any blood on uniforms less than "saturated," the uniform does not have to be changed. School personnel have the responsibility of treating the bloody area with the appropriate disinfecting solution before the athlete may participate. If the uniform is "saturated" with blood, the uniform must be changed before the athlete may participate.

**Jewelry Rule:**

No jewelry, which includes visible body objects, shall be worn in softball. Any piece of jewelry that is visible at the start of or during a contest is in violation of the NYSPHSAA Jewelry Rule. Religious medals must be taped to the body under the uniform. Medical medals must be taped to the body so they are visible. Soft, pliable barrettes are permissible, body gems are not.